



WEEKLY COVID-19 BULLETIN



COLLEGE OF HEALTH AND WELL-BEING, KINTAMPO, PUBLIC HEALTH EMERGENCY COMMITTEE

HIGHLIGHTS

GLOBAL STATISTICS@05/04/2020, 22:30 GMT

TOTAL # CONFIRMED	1,269,240
TOTAL # DEATHS	69,346
TOTAL # RECOVERED	261,200

GHANA'S SITUATION@05/04/2020, 22:33 GMT

TOTAL # CONFIRMED	214
TOTAL # DEATHS	5
TOTAL # RECOVERED	31

TIPS ABOUT COVID-19

Incubation period: 2-14 days

HOW TO SUSPECT COVID-19:

- ✓ A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease eg., cough, shortness of breath), AND a history of travel to or resident in a locality reporting community transmission of COVID19 disease during the 14 days prior to symptom onset.
- ✓ A patient with acute respiratory illness, And having been in contact with confirmed or probable COVID-19 case in the last 14 days prior to symptom onset.
- ✓ A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, eg., cough shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

ACTIVITIES UNDERTAKEN BY COHK-PHEC

- Emergency committee in place
- Hand sanitizers have been distributed to staff
- Ban on social activities and commercial vehicles on campus
- The College is temporally closed down as per the directive from MOH
- COVID-19 Hotlines have been posted at the in-gate and out-gate of the College
- Entry gate from the Hospital and the Municipal Hall to the College have been closed
- Veronica buckets with medicated soap and tissue have been placed at vantage points for hand washing
- Water for veronica buckets have been chlorinated for water purity
- Veronica buckets, medicated soaps, hand sanitizer, gloves and nose masks have been donated to Kintampo North Municipal Hospital
- Daily monitoring of the interventions in the College
- 87 non-tutorial staff have been train on COVID-19
- Door handles in the College have been disinfected
- Nose masks and gloves have been distributed to the College's security and cleaners respectively
- The College supports the region with vehicle to transport specimen to KCCR
- The College has collaborated with the Regional and Municipal Health Teams for integrated response

MUST KNOW ABOUT COVID-19

Mode of Spread

- ✓ COVID-19 mainly spreads from person-to-person among close contacts (about 6 feet).
- ✓ Person-to person spread occur usually via respiratory droplets produced when an infected person coughs or sneezes, similar to how influenza and other respiratory pathogens spread.
- ✓ These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- ✓ Airborne transmission has also been established

Prevention

- ✓ Wash your hands often with soap under running water for at least 20 seconds, especially after going to the toilet; before eating; and after blowing your nose, coughing, or sneezing.
- ✓ If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 70% alcohol.
- ✓ Stay home when showing signs of COVID-19 and call COVID-19 Hotlines for help.
- ✓ Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- ✓ Clean and disinfect frequently touched objects and surfaces regularly.
- ✓ Avoid close contact with people who are sick.
- ✓ Avoid touching your eyes, nose, and mouth.

COVID-19 HOTLINES, KINTAMPO NORTH MUNICIPALITY

0208556179

0202536044

0244535475

**“THE VIRUS MOVES ONLY
WHEN YOU MOVE”
#STAY HOME**

GALLERY



Department of Medical Diagnostic-COHK presenting banner on hand washing steps to the Management of the College



COHK's kitchen staff undergoing COVID-19 training



COHK's cleaners undergoing COVID-19 training



COHK's security undergoing COVID-19 training